

| WEEK 1 | Planet Positive MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY FAVOURITES |
|---|--|--|--|---|---|
| OPTION 1 | Penne pasta with Herby tomato sauce(V) GLUTEN | Creamy Macaroni cheese GLUTEN/MILK/MUSTARD(V) | Roast Chicken Dinner, Yorkshire pudding and gravy GLUTEN/EGG/MILK | Cheese and tomato quiche (V) GLUTEN/MILK/EGGS | Golden Fish fingers FISH/GLUTEN |
| OPTION 2 | Mexican Style Tortilla Rolls (V) GLUTEN/SOYA/MILK | Traditional Chicken Fajitas GLUTEN | Vegetable Meatloaf SOYA/GLUTEN/EGG (V) | Spaghetti Bolognaise GLUTEN/CELERY | Plant powered Sausage (VE) GLUTEN/SOYA |
| SIDES | Broccoli/Carrots Homemade Garlic Bread GLUTEN(V) | Potato wedges Sunshine salad(V) Peas(V) Homemade bread GLUTEN MAY CONTAIN EGGS/MILK/SOYA | Roast potatoes(V) Roasted vegetables Gravy(V) Homemade bread GLUTEN MAY CONTAIN EGGS/MILK/SOYA | Broccoli/Sweetcorn Homemade bread GLUTEN MAY CONTAIN EGGS/MILK/SOYA | Chips Baked beans or peas Homemade bread GLUTEN MAY CONTAIN EGGS/MILK/SOYA |
| JACKET POTATO FILLINGS | Baked beans Cheese – MILK(V) | Baked beans Cheese – MILK(V) Tuna mayo – EGG/FISH | Baked beans Cheese – MILK(V) | Baked beans Cheese – MILK(V) Tuna mayo – EGG/FISH | Baked beans Cheese – MILK(V) |
| SANDWICH OPTION | Cheese (V) GLUTEN/MILK Rainbow Wrap GLUTEN | Cheese (V) GLUTEN/MILK Tuna mayo GLUTEN/EGG/FISH Ham GLUTEN | Cheese(V) GLUTEN/MILK Tuna mayo GLUTEN/EGG/FISH Ham GLUTEN | Cheese(V) GLUTEN/MILK Tuna mayo GLUTEN/EGG/FISH Ham GLUTEN | Cheese(V) GLUTEN/MILK Tuna mayo GLUTEN/EGG/FISH Ham GLUTEN |
| DESSERT | Homemade Flapjack GLUTEN | Shortbread Sandwich GLUTEN | Ginger cake GLUTEN/EGG MAY CONTAIN MILK | Strawberry Mousse MILK | Chocolate Brownie GLUTEN/EGG |
| AVAILABLE DAILY – SELF SERVE STATIONS SALAD & FRUIT BAR, BREADS & WATER | | | | | |

| WEEK 2 | Planet Positive MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY FAVOURITES |
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| Option 1 | Margarita Pizza Pin Wheel (V) GLUTEN/MILK | Planet Friendly Pasta bolognaise (VE) SOYA | Sausage and Mash with gravy GLUTEN/MILK/SULPHITES | Chicken Tikka Masala Curry GLUTEN | Golden Fish Fingers FISH |
| Option 2 | Seasonal Chunky Vegetable Curry (V) | Monster Chicken Burger GLUTEN/MILK/SOYA | Baked Cheese and Onion Pasty (V) GLUTEN/MILK/EGG | Vegetable Calzone Pizza GLUTEN/MILK (V) GLUTEN/MILK | Toasted Cheese and Tomato Panini. GLUTEN/MILK(V) |
| SIDES | Sunshine salad (VE) Vegetable Rice(V) Homemade bread GLUTEN MAY CONTAIN EGGS/MILK/SOYA | Seasoned Wedges Sweetcorn Homemade bread GLUTEN MAY CONTAIN EGGS/MILK/SOYA | Mash (V) Carrots & Peas Homemade bread GLUTEN MAY CONTAIN EGGS/MILK/SOYA | Vegetable Rice(V) Green beans Homemade bread GLUTEN MAY CONTAIN EGGS/MILK/SOYA | Chips Baked beans or peas Homemade bread GLUTEN MAY CONTAIN EGGS/MILK/SOYA |
| JACKET POTATO FILLINGS | Baked beans (V) Cheese – MILK(V) | Baked beans(V) Cheese-MILK (V) Tuna mayo – EGG/FISH | Baked beans(V) Cheese – MILK(V) | Baked beans(V) Cheese – MILK(V) Tuna mayo – EGG/FISH | Baked beans(V) Cheese – MILK(V) |
| SANDWICH OPTION | Cheese (V) GLUTEN/MILK Rainbow wrap GLUTEN(V) | Cheese (V) GLUTEN/MILK Tuna mayo GLUTEN/EGG/FISH Ham GLUTEN | Cheese (V) GLUTEN/MILK Tuna mayo GLUTEN/EGG/FISH Ham GLUTEN | Cheese(V) GLUTEN/MILK Tuna mayo GLUTEN/EGG/FISH Ham GLUTEN | Cheese (V) GLUTEN/MILK Tuna mayo GLUTEN/EGG/FISH Ham GLUTEN |
| DESSERT | Fairy Cake GLUTEN/MILK/EGG | Fruit jelly | Oat Cookie GLUTEN/MILK/EGG | Lemon drizzle cake GLUTEN/EGG | Apple crumble traybake GLUTEN/EGGS |
| AVAILABLE DAILY – SELF SERVE STATIONS SALAD & FRUIT BAR, BREADS & WATER | | | | | |

| WEEK 3 | Planet Positive MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY FAVOURITES |
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| Option 1 | Juicy Meatballs in a rich tomato sauce with pasta (V) <i>GLUTEN/SOYA</i> | “POSITIVES” Mexican Style Taco <i>GLUTEN/MUSTARD/MILK (V)</i> | Roast Chicken Dinner, Yorkshire Pudding & Gravy. <i>GLUTEN/EGG/MILK</i> | Crunchy Vegetable stir -fry with Egg Noodles (V) <i>GLUTEN/EGG/SOYA</i> | Crispy Fishfinger Wrap <i>FISH/GLUTEN</i> |
| Option 2 | Rustic Mixed Bean Chilli <i>SOYA(V)</i> | Pork Sausage and Baked Bean parcel <i>GLUTEN/SULPHITES</i> | Vegetable Meatloaf(V) <i>GLUTEN/EGG/SOYA</i> | Mild Chicken Curry <i>CELERY</i> | Breaded vegetable burger and Crunchy Salad(V) <i>GLUTEN/SOYA</i> |
| SIDES | Mixed Vegetables Homemade bread <i>GLUTEN</i> <i>MAY CONTAIN EGGS/MILK/SOYA</i> | Seasoned Potato wedges Sweetcorn & peas Homemade bread <i>GLUTEN</i> <i>MAY CONTAIN EGGS/MILK/SOYA</i> | Roast potatoes Carrots & Cauliflower Homemade bread <i>GLUTEN</i> <i>MAY CONTAIN EGGS/MILK/SOYA</i> | Steamed vegetable rice (V) Green beans & Sweetcorn Homemade bread <i>GLUTEN</i> <i>MAY CONTAIN EGGS/MILK/SOYA</i> | Chips Baked beans or Peas Homemade bread <i>GLUTEN</i> <i>MAY CONTAIN EGGS/MILK/SOYA</i> |
| JACKET POTATO FILLINGS | Baked beans Cheese – <i>MILK(V)</i> | Baked beans Cheese – <i>MILK(V)</i> Tuna mayo – <i>EGG/FISH</i> | Baked beans Cheese – <i>MILK(V)</i> | Baked beans Cheese – <i>MILK(V)</i> Tuna mayo – <i>EGG/FISH</i> | Baked beans Cheese – <i>MILK(V)</i> |
| SANDWICH OPTION | Cheese <i>GLUTEN/MILK</i> Rainbow wrap <i>GLUTEN</i> | Cheese <i>GLUTEN/MILK</i> Tuna mayo <i>GLUTEN/EGG/FISH</i> Ham <i>GLUTEN</i> | Cheese <i>GLUTEN/MILK</i> Tuna mayo <i>GLUTEN/EGG/FISH</i> Ham <i>GLUTEN</i> | Cheese <i>GLUTEN/MILK</i> Tuna mayo <i>GLUTEN/EGG/FISH</i> Ham <i>GLUTEN</i> | Cheese <i>GLUTEN/MILK</i> Tuna mayo <i>GLUTEN/EGG/FISH</i> Ham <i>GLUTEN</i> |
| DESSERT | Fabulous Flapjack <i>GLUTEN/EGGS/MILK</i> | Chocolate Muffin <i>GLUTEN/EGGS/MILK</i> | Ginger Biscuit <i>GLUTEN</i> <i>MAY CONTAIN MILK</i> | Carrot cake <i>GLUTEN/EGGS</i> <i>MAY CONTAIN MILK</i> | Courgette and Lemon cupcake. <i>MILK</i> |
| AVAILABLE DAILY – SELF SERVE STATIONS SALAD &FRUIT BAR, BREADS & WATER | | | | | |