

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pepperoni Pizza <i>GLUTEN/MILK</i>	Bangers & Mash <i>GLUTEN/MILK/SULPHITES</i>	Roast Chicken Dinner with Yorkshire Pudding <i>GLUTEN/EGG/MILK</i>	Pasta Bolognese <i>GLUTEN</i>	Fish & Chips <i>FISH/GLUTEN</i>
VEGGIE MEAL	Margarita Pizza <i>GLUTEN/MILK</i>	Veggie Bangers & Mash <i>MILK/SOYA</i>	Veggie Roast Dinner <i>GLUTEN/EGG/MILK</i>	Tomato Penne Pasta <i>GLUTEN</i>	Cheese & Tomato Panini <i>GLUTEN/MILK</i>
SIDES	Baked jacket wedges Sweetcorn & carrots Homemade bread <i>GLUTEN</i>	Mashed potato <i>MILK</i> Carrots, peas Gravy Homemade bread <i>GLUTEN</i>	Roast potatoes Roasted root vegetables Gravy Homemade bread <i>GLUTEN</i>	Garlic bread (<i>GLUTEN</i>) Plain pasta (<i>GLUTEN</i>) Green beans & broccoli Homemade bread <i>GLUTEN</i>	Chips Baked beans or peas Homemade bread <i>GLUTEN</i>
JACKET POTATO FILLINGS	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>	Baked beans Cheese – <i>MILK</i> Tuna mayo – <i>EGG/FISH</i>
COLD SANDWICHES	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i>	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i>	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i>	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i>	Cheese <i>GLUTEN/MILK/SOYA</i> Tuna mayo <i>GLUTEN/EGG/FISH/SOYA</i>
HOT PANINIS	Ham <i>GLUTEN/SOYA</i>	Ham <i>GLUTEN/SOYA</i>	Ham <i>GLUTEN/SOYA</i>	Ham <i>GLUTEN/SOYA</i>	Ham <i>GLUTEN/SOYA</i>
DESSERT	Banana flapjack <i>GLUTEN</i>	Vanilla sponge with custard <i>GLUTEN/MILK/EGG</i>	Chocolate crunch <i>GLUTEN/EGG</i>	Iced cup cakes <i>GLUTEN/MILK/EGGS</i>	Chocolate Brownie <i>GLUTEN/EGG</i>
AVAILABLE DAILY – SELF SERVE STATIONS SALAD BAR, FRUIT BAR & BREADS WATER & FRUIT JUICES					

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Italian Beef Lasagne GLUTEN/MILK MAY CONTAINS EGG	Home-made Sausage Roll GLUTEN/EGG/MILK/SULPHITES	Roast Chicken Dinner with Yorkshire Pudding GLUTEN/EGGS/MILK	Chicken Korma	Fish Fingers FISH/GLUTEN
VEGGIE MEAL	Veggie Lasagne GLUTEN/MILK MAY CONTAINS EGG	Cheese & Tomato Pizza GLUTEN/MILK	Veggie Roast Dinner GLUTEN/EGG/MILK	Vegetable Curry	Cheese Sausage Roll GLUTEN/Milk/EGG
SIDES	Garlic bread (GLUTEN) Pasta (GLUTEN) Broccoli & sweetcorn Homemade bread GLUTEN	Chips Baked Beans or peas Homemade bread GLUTEN	Roast potatoes & gravy Carrots & cauliflower Homemade bread GLUTEN	Plain rice Naan bread (GLUTEN) Green beans Homemade bread GLUTEN	Chips Baked beans or peas Homemade bread GLUTEN
JACKET POTATO FILLINGS	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH
COLD SANDWICHES HOT PANINIS	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA
DESSERT	Oaty apple crumble with custard GLUTEN/MILK	Fruit jelly	Chocolate Sponge with custard GLUTEN/MILK/EGG	Lemon drizzle cake GLUTEN/EGG	Ginger Biscuit GLUTEN
AVAILABLE DAILY – SELF SERVE STATIONS SALAD BAR, FRUIT BAR & BREADS WATER & FRUIT JUICES					

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken Goujons GLUTEN <i>MAY CONTAIN SOYA/CELERY/MILK/MUSTARD</i>	Plain Beefburger Bun GLUTEN/SOYA CONTAINS/ MILK/ IF SERVED WITH CHEESE	Roast Chicken Dinner & Yorkshire Pudding GLUTEN/MILK/EGG	Italiano Chicken Pasta GLUTEN	MSC Fish & Chips FISH/GLUTEN
VEGGIE MEAL	Cheese Pastie GLUTEN/EGG/MILK	Veggie Burger Bun GLUTEN/SOYA CONTAINS/ MILK/ IF SERVED WITH CHEESE	Veggie Roast Dinner GLUTEN/EGG/MILK	Mac 'n' Cheese GLUTEN/MILK/MUSTARD	Mozzarella Panini GLUTEN/MILK
SIDES	Chips Baked beans & carrots Homemade bread GLUTEN	Potato wedges Sweetcorn & peas Homemade bread GLUTEN	Roast potatoes Roasted carrots & cauliflower Homemade bread GLUTEN	Plain pasta GLUTEN Green beans & sweetcorn Homemade bread GLUTEN	Chips Baked beans or peas Homemade bread GLUTEN
JACKET POTATO FILLINGS	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH	Baked beans Cheese – MILK Tuna mayo – EGG/FISH
COLD SANDWICHES HOT PANINIS	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA	Cheese GLUTEN/MILK/SOYA Tuna mayo GLUTEN/EGG/FISH/SOYA Ham GLUTEN/SOYA
DESSERT	Fruity flapjack GLUTEN	Toffee sponge with custard GLUTEN/EGGS/MILK	Chocolate cookie GLUTEN/EGG <i>MAY CONTAIN MILK</i>	Banana muffins GLUTEN/EGGS <i>MAY CONTAIN MILK</i>	Lemon shortbread GLUTEN
AVAILABLE DAILY – SELF SERVE STATIONS SALAD BAR, FRUIT BAR & BREADS WATER & FRUIT JUICES					